

A  
DIRECTORY  
OF  
SERVICES  
FOR  
MERIDEN  
SENIOR CITIZENS

JANUARY 1, 2008

\*ADULT DAY CARE

\*CLUBS AND ORGANIZATIONS

\*DISABILITY SERVICES

\*EMPLOYMENT

\*FINANCIAL ASSISTANCE

\*HEALTH SERVICES

\*HOUSING

\*LEGAL SERVICES

\*NUTRITION

\*RECREATION

\*TRANSPORTATION

\*VETERANS SERVICES

**A DIRECTORY OF SERVICES  
FOR MERIDEN SENIOR CITIZENS**

**JANUARY 1, 2008**

**ACKNOWLEDGEMENTS**

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This booklet is a resource guide for senior citizens, caregivers and service providers. It contains information on programs and services for senior citizens residing in Meriden. It is not intended to be a complete listing of all community agencies. To learn more about the services offered, contact the agencies at the phone numbers listed in this booklet. Information in this booklet is current as of January 1, 2008.

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## **IMPORTANT TELEPHONE NUMBERS**

<b>AARP CONNECTICUT STATE OFFICE</b>	860-240-7544
<b>ALL EMERGENCIES</b> Ambulance, Police, Fire	911
<b>HUNTER'S AMBULANCE</b> Emergency Calls Non-emergency Calls	203-235-4441 203-235-3369
<b>INFOLINE</b>	211
<b>MIDSTATE MEDICAL CENTER</b> Main Number Emergency Department	203-694-8200 203-694-8911
<b>MERIDEN POLICE DEPARTMENT</b> Non-emergency Calls	203-238-1911
<b>MERIDEN FIRE DEPARTMENT</b> Emergency Calls	203-235-2535
<b>MAYOR'S HOTLINE</b>	203-630-4000
<b>MAX E. MURAVNICK MERIDEN SENIOR CITIZENS' CENTER</b>	203-237-0066
<b>MERIDEN HEALTH DEPARTMENT</b>	203-630-4226
<b>PROTECTIVE SERVICES FOR THE ELDERLY</b> <b>COMMUNITY</b> <b>NURSING HOME</b>	860-704-3046 860-612-3573
<b>SOCIAL SECURITY</b>	1-800-772-1213 203-238-0346

## **ADULT DAY CARE**

Adult day care is a community-based group program designed to meet the needs of adults with functional impairments through an individual plan of care. It is a structured, comprehensive program that provides a variety of health, social, and related support services in a protective setting during any part of a day but less than 24-hour care.

**EXTENDED FAMILY AT THE  
ALZHEIMERS RESOURCE CENTER** 860-628-3069  
1261 South Main Street  
Plantsville, CT 06479  
Monday-Friday, 8:00 AM – 4:00 PM

**HERITAGE COMMONS** 860-344-1221  
38 Boston Road  
Middletown, CT 06457  
Monday-Friday, 8:30 AM – 4:30 PM

**MULBERRY GARDENS OF SOUTHINGTON  
ADULT DAY CARE PROGRAM** 860-276-1020  
58 Mulberry Street  
Southington, CT 06479  
Monday-Friday, 8:00 AM – 8:00 PM  
Saturday & Sunday, 8:00 AM – 4:00 PM

**THE DAY CLUB FOR SENIORS** 860-632-1119  
32 Miner Street  
Middletown, CT 06457  
Monday-Friday, 7:00 AM – 5:00 PM  
Saturday 9:00 AM – 3:00 PM

## **CLUBS AND ORGANIZATIONS**

### **AMERICAN ASSOCIATION OF RETIRED PERSONS**

**AARP CHAPTER # 2954** 203-237-0066

22 West Main Street, Meriden, CT 06451

Meets on the 2<sup>nd</sup> Wednesday of each month at the Senior Center at 1:30 pm. Trips, speakers, community service programs, AARP Driver Safety Course and seasonal income tax assistance. Call the Senior Center for additional information.

**AARP CASTLE CRAIG CHAPTER** 203-237-0824

Baptist Memorial Hall

460 Broad Street, Meriden, CT 06450

Meets on the 2<sup>nd</sup> Thursday of each month at 2:00 pm. Activities as listed above.

**FRIENDSHIP CLUB** 203-238-6821

384 Pratt Street, Meriden, CT 06450

Social club for adults with mental health needs in the Meriden-Wallingford area. Monday–Saturday 9:00 – 4:00, Sunday 12 – 4.

**MERIDEN ANTIQUE VETERANS** 203-634-0474

22 West Main Street, Meriden, CT 06451

Open to any veteran, discharged or active, male or female. Meets each Thursday at 9:30 am at the Senior Center. Participates in parades and military ceremonies with color guard, bugler and firing squad.

**MERIDEN GRANDPARENTS** 203-630-4222

**CONNECTION** 203-630-4244

Grandparents raising their grandchildren meet the third Wednesday of each month from 12:00 noon-1:00 PM at the Meriden Senior Center. The group provides education, support, and socialization.

**MIDSTATE MEDICAL CENTER** 203-694-8733

**PRESTIGE CLUB™**

Enjoy the advantages of membership in the Prestige Club™. Offers informational, educational and recreational programs designed to enhance your lifestyle and to meet your changing healthcare needs.

**SALVATION ARMY LADIES HOME LEAGUE**

St. Casimir Drive Meriden, CT 06450 203-235-6532  
Meets every Wednesday at noon for lunch. Transportation available.

**SILVER CITY RED HAT SOCIETY 203-235-4719**

22 West Main Street Meriden, CT 06451  
A social club for fun and friendship for women over 50 that meets on the third Monday of each month at 1:00 pm at the Senior Center.

**TRI-TOWN GOLDEN K KIWANIS 203-634-6461**

Sans-Souci Restaurant  
Meets each Wednesday at 12:00. Speakers, community service projects and fund raising events to benefit local charities.

**Y'S MEN OF MERIDEN 203-235-6386**

110 West Main Street, Meriden, CT 06451  
Association of retired men in the Greater Meriden area established for fellowship, entertainment and the exchange of ideas. Meets every Tuesday (September-May) at 10:15 am at the Meriden YMCA.

**YOUNG AT HEART GROUP 203-237-0300**

22 West Main Street, Meriden, CT 06451  
The Young at Heart Discussion Group meets every Tuesday from 10:30 – 11:30 in the mezzanine of the Senior Center. Activities include lectures/discussions, field trips, luncheons, sing-a-longs, and more. Open to area seniors aged 60 and over.

**DISABILITY SERVICES**

**BOARD OF EDUCATION AND SERVICES**

**FOR THE BLIND 1-800-842-4510**

Provides a comprehensive program of services for legally blind individuals and visually impaired persons.

**COMMISSION ON HUMAN RIGHTS AND OPPORTUNITIES**

860-541-3400

1-800-477-5737

Handles discrimination complaints based on race, sex, age, physical disability and national origin to enforce equal opportunity statutes.

**MAX E. MURAVNICK** 203-237-0066  
**MERIDEN SENIOR CITIZENS' CENTER**  
22 West Main Street, Meriden, CT 06451  
Applications for handicapped parking permits available.

### **EMPLOYMENT**

**CONNECTICUT LABOR DEPARTMENT** 203-238-6148  
85 West Main Street, Meriden, CT 06451

**CT WORKS**  
85 West Main Street, Meriden, CT 06451 203-238-3688

**MATURITY WORKS** 203-867-4040  
Senior Community Services Employment Program  
560 Ella Grasso Boulevard  
New Haven, CT 06519  
Positions available for income eligible people aged 55 and over.

**SENIOR COMPANION AND FOSTER GRANDPARENT PROGRAMS** 203-752-3059  
Agency on Aging of South Central CT  
One Long Wharf Drive, New Haven, CT 06511  
Positions available for income eligible people 55 and over providing assistance and companionship to people in need. Information can also be obtained at the Meriden Senior Center at 237-0066.

### **ENERGY ASSISTANCE**

**NEW OPPORTUNITIES OF GREATER MERIDEN** 203-235-0278  
191 Pratt Street, Meriden, CT 06450  
Accepts energy assistance applications during the heating season.  
Appointments required. Open Monday through Friday, 9:00 – 5:00.

**SALVATION ARMY** 203-235-6532  
St. Casimir Drive, Meriden, CT 06450  
May provide assistance with payment of utilities and first month's rent.

## **FINANCIAL ASSISTANCE**

**ConnPACE** 1-800-423-5026  
**(CONNECTICUT PHARMACEUTICAL ASSISTANCE  
CONTRACT TO THE ELDERLY AND DISABLED)**

Prescription drug assistance administered by the CT Department of Social Services which helps financially eligible seniors or disabled citizens pay part of the cost of certain prescription drugs, insulin, and insulin syringes. Applications are available at the Senior Center or the Health Department.

**ConnMAP** 1-800-443-9946  
**(CONNECTICUT MEDICARE ASSIGNMENT  
PROGRAM)**

Limits physician's costs to Medicare rates for all eligible seniors. Seniors who are already ConnPACE cardholders need not apply for a ConnMAP card. ConnPACE cards may be presented in lieu of a ConnMAP card. Applications are available at the Senior Center or the Health Department.

### **PROPERTY TAX RELIEF**

City Hall, 142 East Main Street (homeowners) 203-630-4065  
Senior Center, 22 West Main Street (renters) 203-237-0066  
Provides eligible homeowners with a partial refund on local property taxes. Provides eligible renters with money back on their annual rent and utilities.

**SOCIAL SECURITY ADMINISTRATION** 203-238-0346  
1 West Main Street, Meriden, CT 06451 1-800-772-1213  
Office hours Monday – Friday, 9:00 AM – 4:00 PM.

**STATE OF CONNECTICUT** 860-704-3100  
**DEPARTMENT OF SOCIAL SERVICES**

117 Main Street Ext., Middletown, CT 06457  
Income eligible programs providing assistance for financial, medical and nutritional needs.

## **HEALTH INSURANCE ADVOCACY**

### **AGENCY ON AGING OF SOUTH CENTRAL CT 203-785-8533 CHOICES PROGRAM**

Connecticut programs for Health insurance assistance, Outreach, Information, Counseling, and Eligibility Screening. CHOICES counselors do not sell or market insurance. They provide the necessary information and assistance to enable consumers to make their own informed insurance choices. For counselors in Meriden call 630-4244 or 630-4222.

### **CENTER FOR MEDICARE ADVOCACY 1-800-262-4414**

P.O. Box 350

Willimantic, CT 06626

Free legal assistance, information and representation to all Connecticut citizens denied Medicare coverage.

## **HEALTH SERVICES**

### **COMMUNITY HEALTH CENTER, INC. 203-237-2229**

134 State Street, Meriden, CT 06450

Dental 203-639-3500

Services include comprehensive primary and preventive health, dental health and behavioral health for adults and children. Bi-lingual staff.

### **HOME MEDICAL ALERT PROGRAM**

MIDSTATE VNA AND HOSPICE 203-630-7149/630-7108

CONNECTICUT VNA

203-624-6664

VRI

1-800-860-4260 ext.130

Home Medical Alert Program offers you a choice of personal emergency systems at the touch of a button. The program makes it possible to enjoy peace of mind and security while maintaining an independent life style.

### **MASONIC GERIATRIC ASSESSMENT PROGRAM**

22 Masonic Ave., Wallingford 06492

1-800-982-3919

203-679-5900

Helps evaluate the medical, physical, psychological and functional needs of independent older adults. Refers seniors to appropriate community services.

**MEDIQUICK, MIDSTATE EAST CAMPUS** 203-630-5290  
883 Paddock Avenue, Meriden, CT 06450  
Walk-in clinic, no appointment necessary. Open 8:00 am to 7:30 pm,  
seven days a week, closed on major holidays.

**MERIDEN DEPARTMENT OF HEALTH/HUMAN  
SERVICES CLINIC** 203-630-4234  
165 Miller Street, Meriden, CT 06450  
Provides health information, walk-in blood pressure checks, counseling,  
immunizations and referrals. Open Monday through Friday 8:00 am to  
4:30 pm.

**MIDSTATE MEDICAL CENTER** 203-694-8200  
435 Lewis Avenue, Meriden, CT 06451  
Patient rooms and information 203-694-8217

**MIDSTATE MEDICAL CENTER** 203-237-0300  
**LAPLANCHE CLINIC**  
22-26 West Main Street, Meriden, CT 06451  
Senior Center lower level  
The Clinic provides a variety of health screenings, special educational  
programs and nutritional guidance. Open Monday and Wednesday from  
9:00 am to 2:00 pm, Tuesday from 9:00 am to 12:00 noon. Appointments  
are suggested.

### **BEHAVIORAL HEALTH**

**FRANCISCAN HOME CARE** 203-238-1441  
267 Finch Avenue, Meriden, CT 06451  
Interdependent Living Program  
Assists low income and minority adults aged 60 and over by assessing  
needs and making regular personal contacts. Services available in Spanish  
and English.

**RUSHFORD**  
883 Paddock Avenue, Meriden, CT 06450  
Older Adult Services 203-630-5280  
Partial Hospital Outpatient Program 203-630-5385  
Provides a continuum of care for people suffering from mental illness.  
24 Hour Crisis Hotline 1-800-567-0902

**MIDSTATE VNA & HOSPICE**

Bereavement Support Group 203-235-5714  
Meets on the second and fourth Tuesday from 5:30 to 6:30 PM at the  
MidState East Campus, 883 Paddock Avenue, Meriden in Conference  
Room C. No charge or need to pre-register, open to the public.

**MERIDEN & WALLINGFORD**

203-294-3591

**SUBSTANCE ABUSE COUNCIL**

5 Brookside Drive, Wallingford, CT 06492

**HELP AT HOME**

**ASSISTED LIVING SERVICES, INC.**

203-634-8668

128 Broad Street, Meriden, CT 06450

**CHORE PROJECT FOR ELDERS**

203-235-0278

New Opportunities of Greater Meriden

ext. 26

Call between 9:00 am and 1:00 pm for assistance with house cleaning,  
grocery shopping, laundry, shopping, yard work and minor home repairs  
to persons 60 +.

**COMPANIONS & HOMEMAKERS**

860-346-4663

330 Main Street, Middletown, CT 06457

**CONNECTICUT HOME CARE PROGRAM  
FOR ELDERS**

203-752-3040

Agency on Aging of South Central CT

Provides case management and home care services to older persons who  
are income and medically eligible in order to remain at home and avoid  
unnecessary or premature nursing home care. Call for further information.

**CONNECTICUT VNA**

203-679-5200

33 N. Plains Ind. Rd., Wallingford, CT 06492

**CURTIS HOME HOUSE CARE**

203-630-1111

380 Crown Street, Meriden, CT 06450

Maintenance, small repairs and home adaptation at affordable rates.

**FRANCISCAN HOME CARE & HOSPICE CARE**

203-238-1441

267 Finch Avenue, Meriden, CT 06451

**GRISWOLD SPECIAL CARE** 203-237-1800  
71 Catlin Street, Meriden, CT 06450

**MIDSTATE VNA & HOSPICE** 203-235-5714  
One Research Parkway, Meriden, CT 06450

**SENIOR COMPANIONS** 203-237-0066  
Companions aged 60 and over provide assistance and friendship to  
homebound elderly persons.

## **HOUSING**

### **ASSISTED LIVING**

**THE VILLAGE AT KENSINGTON PLACE**  
511 Kensington Avenue, Meriden, CT 06451 203-235-0181

**MILLER MEMORIAL COMMUNITY**  
360 Broad Street, Meriden, CT 06450 203-237-8815

### **CONVALESCENT HOMES**

**COCOMO MEMORIAL HEALTH CARE CENTER** 203-238-1606  
33 Cone Avenue, Meriden, CT 06450

**CONNECTICUT BAPTIST HOME** 203-237-1206  
292 Thorpe Avenue, Meriden, CT 06450

**CURTIS HOME, ST. ELIZABETH CENTER** 203-237-4338  
380 Crown Street, Meriden, CT 06450

**MERIDEN CENTER** 203-238-2645  
845 Paddock Avenue, Meriden, CT 06450

**MILLER MEMORIAL COMMUNITY** 203-237-8815  
360 Broad Street, Meriden, CT 06450

**SILVER SPRINGS CARE CENTER**  
33 Roy Street, Meriden, CT 06450 203-237-8457

**WESTFIELD CARE & REHAB CENTER**  
65 Westfield Road, Meriden, CT 06450 203-238-1291

## **RESIDENTIAL CARE HOMES**

<b>THE BRADLEY HOME</b> 320 Colony Street, Meriden, CT 06451	203-235-5716
<b>CONNECTICUT BAPTIST HOME</b> 292 Thorpe Avenue, Meriden, CT 06450	203-237-1206
<b>THE CORNER HOUSE</b> 1 Griswold Street, Meriden, CT 06451	203-237-2257
<b>CURTIS HOME</b> 380 Crown Street, Meriden, CT 06450	203-237-4338
<b>EAST RIDGE MANOR</b> 43 Preston Avenue, Meriden, CT 06450	203-634-0564
<b>SILVER MANOR HOME FOR THE AGED</b> 128 Curtis Street, Meriden, CT 06450	203-237-1671

## **INDEPENDENT LIVING**

<b>CARABETTA MANAGEMENT CO.</b> 200 Pratt Street, Meriden, CT 06450 Subsidized low cost apartments for the elderly and disabled.	203-237-7400
<b>CEDAR RIDGE</b> 292 Thorpe Avenue, Meriden, CT 06450 A moderately priced retirement community.	203-237-1206
<b>CHARLES STREET PLACE</b> 122 Charles Street, Meriden, CT 06450 Moderate income apartments, handicapped accessible.	203-686-1015
<b>MERIDEN HOUSING AUTHORITY</b> 22 Church Street, Meriden, CT 06451 Subsidized low cost housing in apartments especially designed for the elderly.	203-235-0157

## **EMERGENCY HOUSING**

<b>AMERICAN RED CROSS</b> 144 South Main Street, Wallingford, CT 06492 Funds emergency housing after disasters.	203-265-6721
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**SHELTER NOW**

203-237-4020

43 St. Casimir Drive, Meriden, CT 06450

Temporary emergency housing for people aged 18 years or over,  
families included.**LEGAL SERVICES****CENTER FOR MEDICARE ADVOCACY**

P.O. Box 350

1-800-262-4414

Willimantic, CT 06626

Free legal assistance, information and representation to all Connecticut  
citizens denied Medicare coverage.**NEW HAVEN LEGAL ASSISTANCE ASSOCIATION, INC.**

426 State Street

203-946-4811 ext. 155

New Haven, CT 06510

Provides legal services for low-income seniors in areas such as housing,  
health care and family law.**STATEWIDE LEGAL SERVICES  
OF CONNECTICUT**

1-800-453-3320

860-344-0380

425 Main Street 4<sup>th</sup> Floor

Middletown, CT 06457

Provides free legal services to income eligible Meriden residents. Call the  
intake line between 9:00 am and 3:00 pm for further information.**LIBRARY SERVICES****MERIDEN PUBLIC LIBRARY**

203-238-2344

105 Miller Street, Meriden, CT 06450

Library cards are free for any Meriden resident. Library hours: Monday-  
Wednesday, 11:00 am – 8:00 pm; Thursday-Saturday, 10:00 am-5:00 pm;  
Friday and Sunday closed. Computer/internet access and assistance  
available. Family Health Information Center on premises.**TREMAINE RESOURCE CENTER**

203-694-8131

MidState Medical Center

435 Lewis Avenue, Meriden, CT 06451

Open to the general public. Hours Monday-Friday, 8:00 am to 4:00 pm.

## **NUTRITION**

### **DIABETES & NUTRITION CENTER**

203-694-8782

MIDSTATE MEDICAL CENTER

Telephone information regarding dietary questions can be obtained by calling and speaking to a registered dietician. Dietary counseling is also available for a fee on an outpatient basis with a self-referral or doctor's referral.

### **HISPANIC ELDERLY NUTRITION PROGRAM**

204 Colony Street, Meriden, CT 06451

203-238-0430

Donations suggested. M-F, 8:30-1:30.

### **MERIDEN SENIOR CITIZENS' CENTER**

22-26 West Main Street, Meriden, CT 06451

#### **ELDERLY NUTRITION PROGRAM**

203-235-8052

Monday-Friday, 11:30 am to 12:30 pm. Donations suggested.

#### **MEALS-ON-WHEELS PROGRAM**

203-238-7743

Home delivered meals available for the elderly and disabled.

Five or seven days per week, fee charged, some subsidized meals available.

### **OPERATION PANTRY**

203-235-0278

New Opportunities of Greater Meriden

191 Pratt Street, Meriden, CT 06450

Monday, Wednesday, Friday, 9:00-1:30. Social Security card, proof of income, proof of birth, proof of Meriden residency and photo ID required. May be used once every three months.

Salvation Army Food Pantry

203-235-6532

St. Casimir Drive, Meriden, CT 06450

Tuesday & Thursday, 9:00-11:00 and 1:00-3:00

Same requirements as Operation Pantry.

### **MERIDEN SOUP KITCHEN**

First Baptist Church

460 Broad Street, Meriden, CT 06450

Serves free meals, Monday through Friday, from 11:00 am to 12:30 pm.

**SALVATION ARMY NUTRITION PROGRAM  
FOR SENIOR CITIZENS**

203-235-6532

St. Casimir Drive, Meriden, CT 06450

Meals every Wednesday at 12:00 noon. Donations suggested. Call one day in advance for reservation. Soup Kitchen Saturday and Sunday at 2:00 PM.

**RECREATION**

**ADULT EDUCATION**

Senior citizens 62 or older can attend Connecticut public colleges and universities tuition free on a space available basis. Contact the school for further information.

**AUGUSTA CURTIS CULTURAL CENTER, INC.**

175 East Main Street, Meriden, CT 06450

203-639-2856

**HUNTER MEMORIAL GOLF COURSE**

203-634-3366

688 Westfield Road, Meriden, CT 06450

Special rates and season passes for senior citizens.

**MERIDEN RECREATION DEPARTMENT**

203-630-4259

Open swimming at high school pools.

**MERIDEN SENIOR CITIZENS' CENTER**

203-237-0066

22 West Main Street, Meriden, CT 06451

Recreational activities and classes include art, aerobics, ceramics, chair dancing, physical fitness, line dancing, tai chi, yoga, knitting and crocheting, sewing, crafts, cards, pool tables, exercise equipment, woodcarving, trips and more.

**YMCA**

203-235-6386

110 West Main Street, Meriden, CT 06451

Senior citizens swimnastics twice weekly, ballroom dancing, trips and other recreational programs. Special rates for senior citizens.

## **RESPIRE CARE**

Respite care is available to assist primary caregivers of chronically ill or homebound individuals. Caregivers can arrange temporary short-term stays at nursing homes for clients on a planned basis.

**BRADLEY HOME PAVILION** 203-235-5716  
320 Colony Street, Meriden, CT 06451

**COCOMO MEMORIAL HEALTH CARE CENTER**  
33 Cone Avenue, Meriden, CT 06450 203-238-1606

**CURTIS HOME** 203-237-4338  
380 Crown Street, Meriden, CT 06450

**MERIDEN CENTER** 203-238-2645  
845 Paddock Avenue, Meriden, CT 06450

**MILLER MEMORIAL COMMUNITY** 203-237-8815  
360 Broad Street, Meriden, CT 06450

**SILVER SPRINGS HEALTH CENTER**  
33 Roy Street, Meriden, CT 06450 203-237-8457

**WESTFIELD CARE AND REHAB CENTER** 203-238-1291  
65 Westfield Road, Meriden, CT 06450

**AGENCY ON AGING OF SOUTH CENTRAL CT  
ALZHEIMER'S RESPIRE PROGRAM** 203-785-8533  
Can provide funds for respite services if financially eligible.

## **TRANSPORTATION**

**AMERICAN CANCER SOCIETY** 203-379-4700  
538 Preston Avenue, Meriden, CT 06450  
Volunteer drivers provide transportation for cancer patients to medical appointments. Advance notice is requested.

**AMERICAN RED CROSS** 203-265-6721  
Wallingford-Meriden Chapter  
144 South Main Street, Wallingford, CT 06492  
Transportation to out of town medical appointments. One week advance notice requested. Donations accepted.

**AMTRAK** 1-800-872-7245 203-235-3402  
Special senior citizen discounts for people 62 and older. Seniors needing special assistance should make advance registrations through the toll free number.

**HUNTER'S AMBULANCE SERVICE** 203-235-3369  
450 West Main Street, Meriden, CT 06451  
Wheelchair and medical livery services available.

**MERIDEN SENIOR CENTER** 203-237-3338  
Mini-Bus Program  
22-26 West Main Street, Meriden, CT 06451  
Transportation for Meriden residents aged 60 and over and the disabled to the Senior Center, Hispanic Elderly Nutrition Program, for medical appointments, grocery shopping and convalescent home visiting. Wheelchair lift equipped. 24 hour advance notice required.

**MERIDEN TRANSIT DISTRICT** 203-235-6851  
22 West Main Street, Meriden, CT 06451  
Weekday **MERIDEN BUS** service with connections to Wallingford, New Haven, New Britain and Middletown. Hartford commuter bus, weekly and monthly passes available at the Senior Center. Special fare for senior citizens 65 and over with Medicare card or Transit ID card. For an application for a reduced fare photo ID card call (860) 522-8101.

**NORTHEAST TRANSPORTATION COMPANY**  
**ADA PARATRANSIT PROGRAM** 1-800-441-8901  
Local curb to curb paratransit service to a variety of destinations. Riders must complete an application to verify that a disability makes it difficult to use the fixed route bus service. Fee charged. Applications available at the Senior Center and the Health Department.

## **VETERANS' INFORMATION**

### **LOCAL VETERANS' HOSPITALS**

<b>WEST HAVEN</b>	203-932-5711
<b>NEWINGTON</b>	1-860-666-6951
<b>ROCKY HILL, VETERANS' HOME AND HOSPITAL</b>	1-860-529-2571

**MERIDEN ANTIQUE VETERANS** 203-634-0474  
Open to any veteran, discharged or active, male or female. Meets each Thursday at 9:30 am at the Senior Center. Participates in parades and military ceremonies. Color guard, bugler and firing squad for funerals and other special events.

**VARO (VETERANS' ADMINISTRATION REGIONAL  
OFFICE)** 1-800-827-1000  
Provides information on claims and benefits.

**VETERANS' SERVICE CENTER** 203-294-2165  
45 South Main Street Wallingford, CT 06492  
Information on veterans' benefits and services. Open Monday-Friday, 9:00 am to 5:00 pm. Services available at the Meriden Senior Center and the Salvation Army as needed upon request.

## **VOLUNTEER OPPORTUNITIES**

<b>FOSTER GRANDPARENT PROGRAM &amp; SENIOR COMPANION PROGRAM</b>	203-752-3059
<b>INTERFAITH VOLUNTEER CARE GIVERS</b>	203-230-8994
<b>MERIDEN BOARD OF EDUCATION</b>	203-634-7985
<b>MIDSTATE MEDICAL CENTER</b>	203-694-8275
<b>MIDSTATE VNA &amp; HOSPICE</b>	203-235-5714
<b>RETIRED and SENIOR VOL. PROGRAM</b>	860-224-7117
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***FOR***  
***MERIDEN SENIOR CITIZENS”***

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***DEDICATED TO MR. CHARLES M. BYRON, CHAIRMAN OF THE***  
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***LEADERSHIP IN CONCEIVING OF THE FIRST “DIRECTORY OF***  
***SERVICES FOR MERIDEN SENIOR CITIZENS” COMPLETED BY***  
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