



# Meriden Health Department: Keeping You Healthy Over the Summer!

## June/July Events and News



**The Meriden  
Health  
Department is now  
on Facebook!**

Become a fan of the City of Meriden Health Department on Facebook and:

- Get the latest **public health updates and news** for Meriden, including public health emergency preparedness alerts
- Get notice of **upcoming events and services**
- View **photos** from events

## **Bicycle Helmets Still Available!**

Stay safe this summer!  
Adult and child size  
Bell brand bicycle  
helmets are available  
for purchase for \$7.50  
each. We have many  
different styles and  
colors to choose from.  
Available at our Clinic office; call 203-630-4234 to check on availability before you stop by.



## **Save the Date - Community Block Party!**

**Wednesday, July 14, 2010  
10:00am - 4:00pm  
Meriden Hub, State Street.**

A day of festivities featuring a health and wellness fair, games, food, and sunshine!

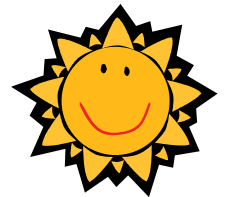
The event will be broadcasted live on Hot 93.7. Sponsored by the Meriden Housing Authority, Meriden/Wallingford NAACP, and the Meriden Health Department. Free and open to everyone! Rain date is August 18.



## **Spotlight on: Summer Health Info!**

The Meriden Health Department has lots of information on summer health topics, such as:

- Lyme Disease and West Nile Virus
- Sun safety
- Bike safety/bike helmets
- Swimming safety
- Rabies/avoiding dog bites
- Heat emergencies
- Safe grilling



Information is on display at the Health Department, Meriden Library and City Hall, or call 203-630-4238.



**Meriden Department of Health and Human Services**  
**165 Miller Street \* 203-630-4226 \* [www.meridenhealth.com](http://www.meridenhealth.com)**