



## COUNCIL OF NEIGHBORHOODS

### January 2024 Newsletter

[www.meridencon.wordpress.com](http://www.meridencon.wordpress.com)

#### Activities in January

Mon 1<sup>st</sup>: HAPPY NEW YEAR!!

Thurs 4<sup>th</sup>: North Meriden  
City Park

7pm St Peter & Paul Church

Sun 7<sup>th</sup>: Three Kings Day Celebration

1pm-3pm Meriden Public Library

Tues: 9<sup>th</sup>: Law Enforcement Appreciation Day!!

Wed 17<sup>th</sup>: Dutch Hill

6:30pm First Baptist

ECHO

Lower Eastside

Veterans

Hillside Gardens

Thurs 18<sup>th</sup>: Action 13

6:30pm Immanuel Lutheran Church

Westiders

Lewis Ave

Thurs 25<sup>th</sup>: South Meriden

6:30pm Tom's Place

Glen Hills

Crown Village

Stage Coach Riders

#### Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: [mpdtips@meridenc.gov](mailto:mpdtips@meridenc.gov)

Narcotic Tips: Telephone (203) 630-6273 Email: [m narcoticsunit@meridenc.gov](mailto:m narcoticsunit@meridenc.gov)

#### Meriden Police Dept: Calls for Service & Interactive Reports

The Meriden Police Dept is offering a new tool to keep residents apprised of the Department's activities including the calls for service the police department responds to daily. The department is rolling out the first of the interactive reports which will be accessible on the City of Meriden website at:

[www.meridenc.gov/city-services/police/interactive-reports](http://www.meridenc.gov/city-services/police/interactive-reports)

It will be announced as new reports are released and become available on the site.

#### Law Enforcement Appreciation Day: Tues Jan 9<sup>th</sup>

Law Enforcement Appreciation Day will be celebrated on Tuesday Jan 9<sup>th</sup>. This is a great opportunity to celebrate all that the Meriden Police Department does for us to keep our neighborhoods safe. As you see our Officers please take a moment and thank them for their service to the city. The Council of Neighborhoods will be setting up a breakfast and supper for the Officers to enjoy on Tuesday Jan 9<sup>th</sup>.

#### Three Kings Day Celebration: Sun Jan 7<sup>th</sup> 1pm-3pm Meriden Public Library

Join in on the celebration of Three Kings Day on Jan 7<sup>th</sup> which includes music, refreshments, and gifts for children ages 8 and younger. The event is sponsored by the Carrero Family. Music is provided by LT Cardona and the Cardona Family! For information about the event please call the Meriden Library (203) 630-4621

### City of Meriden: Christmas Tree Pick up

The Meriden Department of Public Works will begin curbside collection of Christmas trees starting January 2 through Fri January 12 for residents on the EAST side and Tues Jan16 through Fri Jan 26 for the WEST side. Kindly remove all decorations and lights from the tree and please do not place the tree in a plastic bag. We cannot accept trees in plastic bags or with decorations and lights. Residents may bring their trees to the Transfer Station located on Evansville Ave during normal business hours. The hours are: Monday from 10am to 2pm, Wednesday from 7am to 12pm and the first and third Saturday in January from 7:30 AM to Noon. There is no charge for the disposal of Christmas trees. If you have any question, please contact the Department of Public Works at [203-630-4018](tel:203-630-4018).

### Meriden City Code: Snow Removal from Sidewalks

As a reminder, as winter weather and storms are approaching per City Code the owner of any premises abutting a sidewalk needs to remove snow from the sidewalk within 12 hours after the storm. Ice needs to be removed within the space of 6hrs thereafter and during the daytime to make the sidewalk safe by removing the ice and covering the sidewalk with sand or a similar product and renew the application as often as may be needed to keep the sidewalk safe. Your cooperation with clearing the sidewalks is greatly appreciated!

### Meriden City Parking Lots for snow parking bans:

When a parking ban has been declared the City provides off street parking at:

Columbus Park (Lewis Ave)

Ceppa Field (Gale Ave)

Jack Barry Little League Field (Britannia St)

City Park (Parker Ave/Bunker Ave)

Municipal Lot (East Main St at St Casmir Dr)

79 Miller St (across from the library next to Mr Taco)

116 Cook Ave (across from the old hospital)

### Adopt a Fire Hydrant

If there is a fire hydrant near your property, please take the time to clear the hydrant and area around it of snow. By doing so can save the fire department valuable time when responding to a fire and ultimately save a live and limit/prevent damage to a home.



## **News from the Meriden Department of Health and Human Services – January 2024**

165 Miller Street \* 203-630-4226 \* [www.meridenhealth.com](http://www.meridenhealth.com)

## *Happy New Year!*

Happy New Year from all of us at the Meriden Department of Health and Human Services! We wish everyone a happy and healthy 2024!

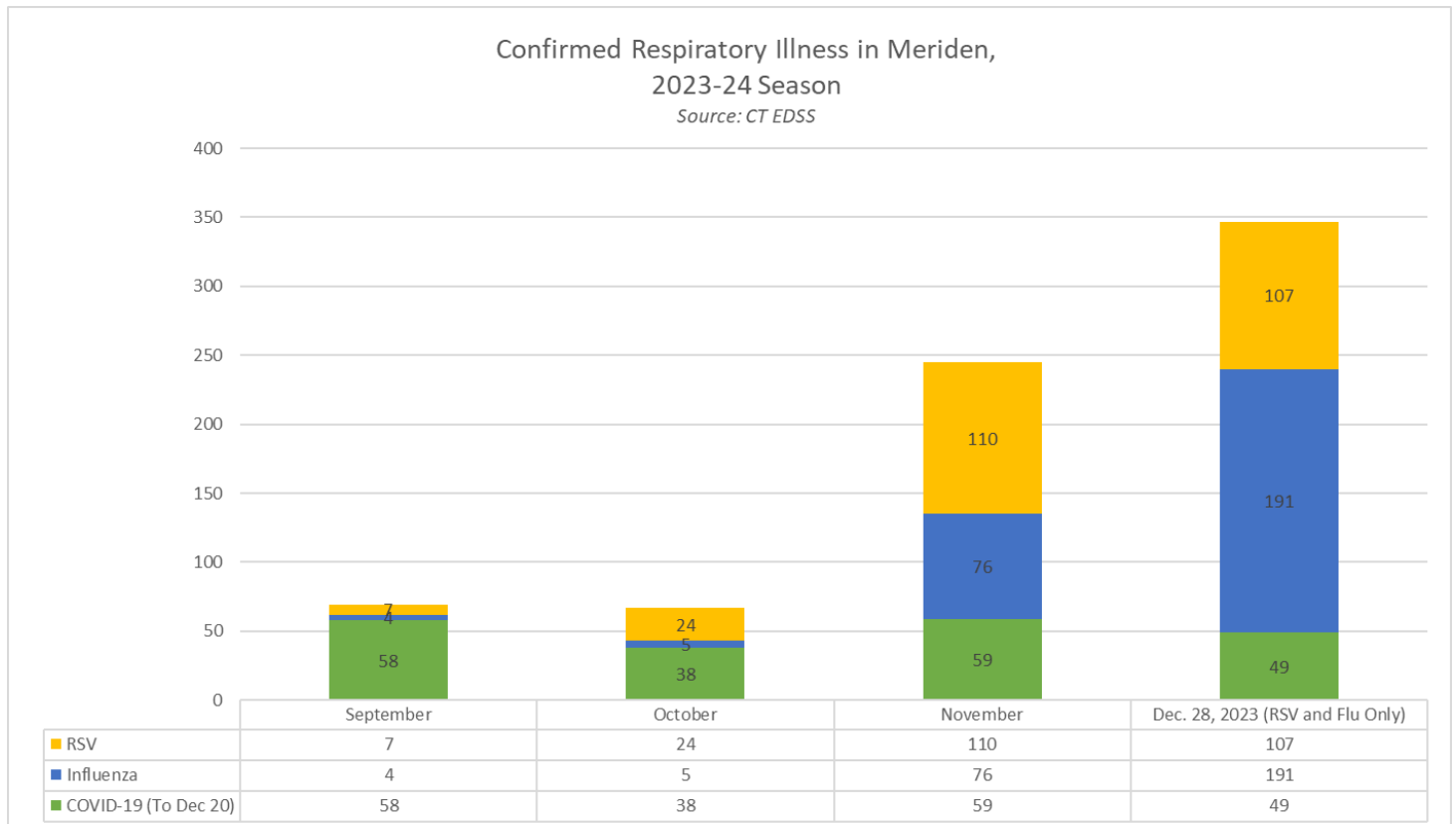


## **Seasonal Health and COVID-19 Newsletter**

COVID-19 updates and seasonal health information are published every other week and can be found on our website: [www.meridenhealth.com](http://www.meridenhealth.com). Information includes information on flu and RSV, COVID-19 testing and vaccination information, and more!

## **Respiratory Virus Season**

The Connecticut Department of Public Health (DPH) conducts surveillance for COVID-19, influenza, and respiratory syncytial virus (RSV). We also monitor lab-confirmed COVID-19 and influenza cases through a disease surveillance system. This data help us to understand the trends associated with each disease as well as the combined impact of these respiratory illnesses, particularly during the fall and winter months. Information on Respiratory Viral Disease Surveillance can be accessed [here](#).



### New COVID-19 Variant – JN.1

A new COVID-19 variant known as JN.1 is rapidly spreading across the U.S. and Europe. The CDC reports that cases of JN.1 infections more than doubled in the U.S. between late November and mid-December and JN.1 is now considered the fastest-growing variant of the virus. JN.1 is an Omicron subvariant with mutations to its spike protein that allow it to bind tightly to cells in the respiratory tract and cause infection.



The most recently updated vaccines should protect equally well against JN.1, which although it may be more transmissible than other variants, doesn't yet appear to cause more severe symptoms or illness in those who get infected.

If you have not done so already, it is highly recommended to receive an updated dose of the COVID-19 vaccine. To locate a vaccination clinic near you, please visit <https://www.vaccines.gov/>. Protective efforts can help as well. These include staying away from people who are sick, [strategic masking](#) when among people in confined spaces, [hand-washing](#), and [staying aware of COVID transmission levels in your area](#). Additional strategies are available on the CDC website.

## COVID-19 Home Test Kits & Masks

Our office has a limited supply of COVID-19 home test kits, surgical, and N95 masks. COVID-19 home test kits are available in the Clinic area. Masks are available in the main lobby of 165 Miller Street Monday - Friday, 8 AM - 4:30 PM.

## Public Health Education

### Virtual Community Narcan® Training

YOU can save a life and reverse an opioid overdose by administering Narcan®. Please join us in partnership with Rushford for our monthly in-person Community Narcan® Training starting in 2024! Trainings will be offered on:

- January 2, 2024 9:00 – 10:00 AM
- February 6, 2024 5:00 – 6:00 PM
- March 5, 2024 9:00 – 10:00 AM
- April 2, 2024 5:00 – 6:00 PM
- May 7, 2024 9:00 – 10:00 AM
- June 4, 2024 5:00 – 6:00 PM
- July 2, 2024 9:00 – 10:00 AM
- August 6, 2024 5:00 – 6:00 PM
- September 3, 2024 9:00 – 10:00 AM
- October 1, 2024 5:00 – 6:00 PM
- November 5, 2024 9:00 – 10:00 AM
- December 3, 2024 5:00 – 6:00 PM

All attendees get a Narcan kit, certificate of completion, and other prevention resources. Please register for this training by emailing Elizabeth DeMerchant at [edemerchant@meridencat.gov](mailto:edemerchant@meridencat.gov) or calling (203) 630-4288.

**SAVE A LIFE**  
With One Spray

**FREE Community Narcan Training**  
LEARN WHAT AN OVERDOSE LOOKS LIKE AND HOW TO REVERSE THEM.

You will learn:  
• Signs & symptoms of an overdose  
• What Narcan is and how to administer it  
• Local resources and support

All attendees get a Narcan kit, certificate of completion, and other prevention resources.

Trainings are **FREE** and open to Meriden residents and organizations.

To register please contact:  
Elizabeth DeMerchant  
Public Health Educator  
edemerchant@meridencat.gov  
(203) 630-4288

Trainings will be held at:  
165 Miller Street  
Meriden, CT 06450

Scan the QR code to visit our Harm Reduction and Overdose Prevention and Response webpage.

We can also provide the training at your organization or business!

January 2, 2024 9:00 - 10:00 AM	February 6, 2024 5:00 - 6:00 PM	March 5, 2024 9:00 - 10:00 AM	April 2, 2024 5:00 - 6:00 PM	May 7, 2024 9:00 - 10:00 AM	June 4, 2024 5:00 - 6:00 PM	July 2, 2024 9:00 - 10:00 AM	August 6, 2024 5:00 - 6:00 PM	September 3, 2024 9:00 - 10:00 AM	October 1, 2024 5:00 - 6:00 PM	November 5, 2024 9:00 - 10:00 AM	December 3, 2024 5:00 - 6:00 PM
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## End Stigma in Meriden

End Stigma in Meriden is a campaign created by the City of Meriden in partnership with Rushford as part of our Harm Reduction and Overdose Prevention and Response effort in our city. By breaking the stigma we can connect people to care and support them on their journey towards recovery, because people can and do recover!

Campaign funding made possible by the National Association of County and City Health Officials (NACCHO) and Centers for Disease Control and Prevention (CDC).

"Recovery is hard work, but it's something you take one day at a time."  
Patrick

People can and do recover.  
Learn more about recovery options at: [meridenhealth.com](http://meridenhealth.com)

**END STIGMA.**

Hartford HealthCare  
Rushford

"La recuperación es un trabajo duro, pero es algo que se hace un día a la vez."  
Patrick

La gente puede recuperarse y lo hace.  
Obtenga más información sobre las opciones de recuperación en: [meridenhealth.com](http://meridenhealth.com)

**ACABAR CON EL ESTIGMA.**

Hartford HealthCare  
Rushford

## Meriden Senior Center

The Meriden Senior Center is still closed while the boiler system is repaired. Staff continues to work out of the Health Department at 165 Miller Street. Staff continues to provide transportation, frozen meal delivery, and

recreation activities off site with as little interruption as possible. If you have any questions or concerns, please call us at (203) 237-0066.

To check out January's activities please see the monthly newsletter available on our website [here!](#)

## **School Readiness**

Meriden School Readiness provides affordable, quality childcare slots for 3 and 4 year old children living in Meriden. Programs provide children with a School Readiness experience that can assure they will enter kindergarten ready to learn.

If you are interested in learning more, please call Rhonda Knight, School Readiness Coordinator, at (203) 630-4222 or email her at [rknight@meridenct.gov](mailto:rknight@meridenct.gov). Or, you can fill out the Google form on our website and we will contact you: <https://www.meridenct.gov/city-services/social-services/meriden-school-readiness/>

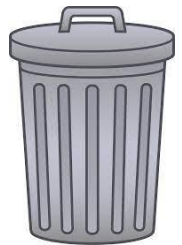


## **Environmental Health**

### **Garbage Storage**

Here are some friendly reminder about garbage storage:

- Please place all garbage in garbage cans with lids and store them in an area not readily visible from the street.
- Place them at the curb for pick-up no earlier than 24 hours before garbage collection day.
- After pick up remove the cans from the curb within 24 hours of collection.



The Meriden City Code Section 176-6 requires that “all garbage shall be stored on the premises and shall be kept in approved containers which shall be maintained in good condition and which shall be kept closed at all times. Said containers shall not be placed at curbside for the scheduled collection more than twenty-four (24) hours prior to said collection. Garbage shall not be stored by a person for more than seven (7) days, exclusively of holidays.” ... “After containers have been emptied, they shall be removed from the street by the property owner or occupant within twenty-four (24) hours of the day of collection and placed and stored in any area not readily visible from the public street.”