

MERIDEN SENIOR CENTER CALENDAR OF ACTIVITIES

September, 2011



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meriden Senior Citizens' Center 22-26 W. Main St. Meriden, CT 203 237-0066</p>	<p>Open Monday-Friday 8:30-5:00</p>		<p>1</p> <p>9:30 Acrylic Painting 10:30 Strike Up the Band 12:30 Ceramics 12:30 Knit & Crochet 12:30 Strength & Tone 12:30 Wii bowling 1:00 Poker Club 1:30 Tai Chi Gong</p>	<p>2</p> <p>9:00 Advisory Board on Aging 10:00 Yoga 11:00 Aerobics 12:30 Ceramics 1:00 Setback Club</p>
<p>5</p>  <p>Labor Day Center Closed</p>	<p>6</p> <p>9:00 Woodcarving 10:00 Yoga 11:00 Weight Training 12:30 Ceramics 12:30 Scrabble 12:30 Move & Soothe No Tai Chi</p>	<p>7</p> <p>9:30 Acrylic Painting 9:30 Wii Bowling 10:00 Trip Signup-Ronan Tynan Show at Aqua Turf Sept. 15th - \$59.00 U Drive Only 10-11:30 Social Worker 11:00 Aerobics 12:45 Bingo</p>	<p>8</p> <p>9:30 Acrylic Painting 9:30 Antique Veterans 10:00-11 Stamps Sold 10:30 Strike Up the Band 12:30 Ceramics 12:30 Knit & Crochet 12:30 Strength & Tone 12:30 Wii bowling 1:00 Poker Club No Tai Chi</p>	<p>9</p> <p>10:00 Yoga 11:00 Aerobics 12:30 Ceramics 1:00 Setback Club</p>
<p>12</p> <p>9:30 Art Class 9:30 Sewing 10:30 Sit Down/Tone Up 11:00 Aerobics 12:00 Strength & Tone II 12:45 Bingo 1:00 Line Dancing w/Jim</p>	<p>13</p> <p>9:00 Woodcarving 10:00 Yoga 11:00 Weight Training 12:30 Ceramics 12:30 Scrabble 12:30 Move & Soothe 1:30 Tai Chi Gong</p>	<p>14</p> <p>9:30 Acrylic Painting 9:30 Wii Bowling 10:00 Chinese Mid-Autumn Moon Festival Tori Moore-Mezzanine 10-11:30 Social Worker 11:00 Aerobics 11:15 Energy Assistance Pres.-Willene's Place 12:15 Ice Cream Social-Apple Rehab Cocomo 12:45 Bingo 1:30 AARP #2954 Mtg.</p>	<p>15</p> <p>9:30 Acrylic Painting 9:30 Antique Veterans 9:40 Mini bus to Franciscan Center 10:30 Strike Up the Band 11-4 Ronan Tynan Show at Aqua Turf 12:30 Ceramics 12:30 Knit & Crochet 12:30 Strength & Tone 12:30 Wii bowling 1:00 Poker Club 1:30 Tai Chi Gong</p>	<p>16</p> <p>10:00 Yoga 11:00 Aerobics 12:30 Ceramics 1:00 Setback Club 1:00 Pool Tournament</p>
<p>19</p> <p>8:30 Trip Departs to 'The Big E' 9:30 Art Class 9:30 Sewing 10:30 Sit Down/Tone Up 11:00 Aerobics 12:00 Strength & Tone II 12:45 Bingo 1:00 Line Dancing w/Jim 1:00 Red Hat Society 6:30 Trip Returns</p>	<p>20</p> <p>9:00 Woodcarving 10:00 Yoga 10:30 Book Club 11:00 Weight Training 11:30 Veterans' Serv. 12:30 Ceramics 12:30 Scrabble 12:30 Move & Soothe 1:30 Tai Chi Gong</p>	<p>21</p> <p>9:30 Acrylic Painting 9:30 Wii Bowling 10:00 Young at Heart Chorus/Band Rehearsal-Mezzanine 10-11:30 Social Worker 11:00 Aerobics 12:30 Military Whist 12:45 Bingo</p>	<p>22</p> <p>9:30 Acrylic Painting 9:30 Antique Veterans 10:30 Strike Up the Band 12:30 Ceramics 12:30 Knit & Crochet 12:30 Strength & Tone 12:30 Wii bowling 1:00 Poker Club 1:30 Tai Chi Gong</p>	<p>23</p> <p>10:00 Yoga 11:00 Aerobics 12:15 Movie: 'The Conspirator' 12:30 Ceramics 1:00 Setback Club</p>
<p>26</p> <p>9:30 Art Class 9:30 Sewing 10:30 Sit Down/Tone Up 11:00 Aerobics 12:00 Strength & Tone II 12:45 Bingo 1:00 Line Dancing w/Jim</p>	<p>27</p> <p>9:00 Woodcarving 10:00 Yoga 10:30 DVD Series 11:00 Weight Training 12:30 Ceramics 12:30 Scrabble 12:30 Move & Soothe 1:30 Tai Chi Gong</p>	<p>28</p> <p>9:30 Acrylic Painting 9:30 Wii Bowling 10-11:30 Social Worker 11:00 Aerobics 12:15 Root Beer Floats by Westfield Rehab 12:45 Bingo</p>	<p>29</p> <p>9:30 Acrylic Painting 9:30 Antique Veterans 10:30 Strike Up the Band 12:30 Ceramics 12:30 Knit & Crochet 12:30 Strength & Tone 12:30 Wii bowling 1:00 Poker Club 1:30 Tai Chi Gong</p>	<p>30</p> <p>10:00 Yoga 11:00 Aerobics 12:30 Ceramics 1:00 Setback Club</p>